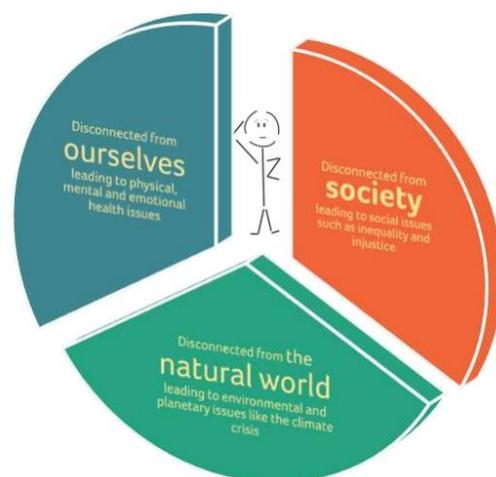


Our approach

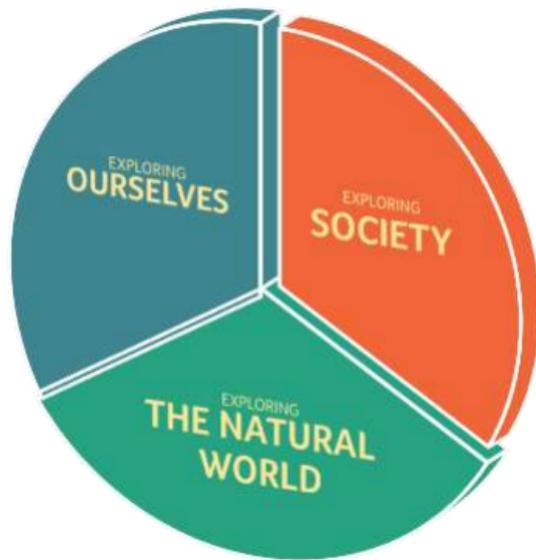
At the heart of our PSHE curriculum stands the knowledge that education needs to nurture the whole child. When young people are given the space to think deeply about - and connect to - the things that really matter, they develop a broader sense of knowledge, compassion, values, confidence and resilience, giving them the chance to thrive. Using a whole-child approach to learning, we support young people in developing a deeper sense of connection to themselves, to others and to the natural world through a framework which we call 'triple wellbeing, helping to nurture healthy relationships for people and planet.

Our work is built upon a foundation of triple wellbeing. This approach has been developed in response to what many leading thinkers call the three disconnects in our societies:



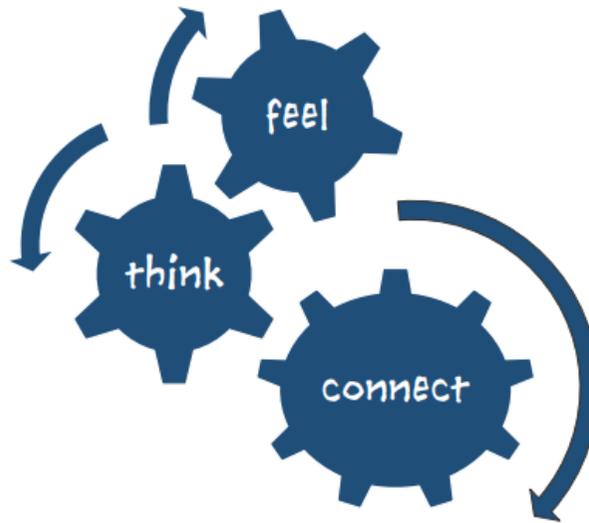
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THE FRAMEWORK



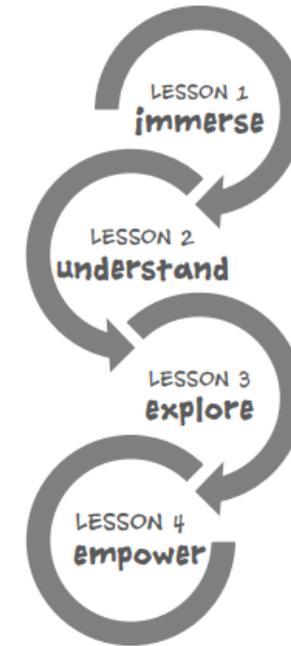
All of our lesson plans are designed around a **triple wellbeing framework**, helping nurture healthy relationships for people and planet.

THE PRACTICES



All of our lesson plans and programmes encourage the three core practices of *Feel* (empathy building), *Think* (critical thinking) and *Connect* (systems thinking, or linking thinking).

THE PROCESS



Each curriculum contains four 1-hour lesson plans helping pupils to engage, understand, explore perspectives and feel empowered about the topic.

Each ThoughtBox topic comes with a scheme of work which links to PSHE and SMSC learning objectives (including the new Health & Relationships objectives) as well as wider learning ideas within key National Curriculum subjects.

Key Stage 1 | Y1&2 Our KS1 curriculum is all based around animal stories. Each of our topics is explored through a bespoke picture-book story at the beginning of the lesson, engaging children with some of the key themes and ideas of the topic in simple, accessible and exciting ways. Lessons focus on the core practice of empathy building, developing other key skills of discussion, active listening, curiosity and global citizenship.

Key Stage 2 | Y3&4 Our lower KS2 curriculum follows a similar structure to KS1, with videos often used as an introduction to the lesson, followed by a range of discussion-based and practical activities. Lessons build on the practice of empathy building and introduce critical thinking, developing other key skills of discussion, active listening, curiosity, reflection and global citizenship.

Key Stage 2 | Y5&6: Our upper KS2 curriculum follows a similar structure to lower KS2, with videos often used as an introduction to the lesson, followed by a range of discussion-based and practical activities. Lessons build on the practice of empathy building and introduce core practices of critical thinking and linking thinking, whilst continuing to develop key skills of discussion, active listening, curiosity, reflection and global citizenship.

Our topics are:

- IDENTITY**
EXPLORING OURSELVES
- HAPPINESS**
EXPLORING OURSELVES
- SOCIAL MEDIA**
EXPLORING OURSELVES
- GLOBAL CULTURES**
EXPLORING OURSELVES
- FAITH**
EXPLORING OURSELVES
- AWE & WONDER**
EXPLORING OURSELVES

- HOME**
EXPLORING SOCIETY
- JOURNEYS**
EXPLORING SOCIETY
- LOVE & RELATIONSHIPS**
EXPLORING SOCIETY
- KINDNESS**
EXPLORING SOCIETY
- BELONGING**
EXPLORING SOCIETY
- EQUALITY & JUSTICE**
EXPLORING SOCIETY

- HABITATS**
EXPLORING THE NATURAL WORLD
- WASTE**
EXPLORING THE NATURAL WORLD
- FOOD**
EXPLORING THE NATURAL WORLD
- CLOTHES**
EXPLORING THE NATURAL WORLD
- WATER**
EXPLORING THE NATURAL WORLD
- CHANGING CLIMATES**
EXPLORING THE NATURAL WORLD

WC 19 th April	Habitats – Who else lives here?					
WC 26 th April	Habitats – Changing lands					
WC 3 rd May	Habitats – Sharing space					
WC 10 th May	Habitats – Sustainable dwellings					
WC 17 th May	Waste – What is all this stuff?					
WC 24 th May	Waste – Where is 'away'?					
WC 7 th June	Waste – How long until it's gone?					
WC 14 th June	What – Waste-free living					
WC 21 st June	Changing climates – Our changing climates					
WC 28 th June	Changing climates – Cause and effect					
WC 5 th July	Changing climates – The ripple effects					
WX 12 th July	Changing climates – Be the change					
WC 19 th July						

	2021 – 2022 cycle					
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	Identity – The Story of Me	Global cultures – What is culture?	Identity – The Story of Me	Global cultures – What is culture?	Identity – The Story of Me	Global cultures – What is culture?
	Identity – My Best Self	Global cultures – Diversity & difference	Identity – My Best Self	Global cultures – Diversity & difference	Identity – My Best Self	Global cultures – Diversity & difference
	Identity – Making Choices	Global cultures – Sharing stories	Identity – Making Choices	Global cultures – Sharing stories	Identity – Making Choices	Global cultures – Sharing stories
	Identity – Love the Skin I’m In	Global cultures – A celebration of culture	Identity – Love the Skin I’m In	Global cultures – A celebration of culture	Identity – Love the Skin I’m In	Global cultures – A celebration of culture
	Happiness – What is Happiness?	Faith – Why do we believe?	Happiness – What is Happiness?	Faith – Why do we believe?	Happiness – What is Happiness?	Faith – Why do we believe?
	Happiness – mind your head	Faith – Stories we tell ourselves	Happiness – mind your head	Faith – Stories we tell ourselves	Happiness – mind your head	Faith – Stories we tell ourselves
	Happiness – Measuring happiness	Faith – our different beliefs	Happiness – Measuring happiness	Faith – our different beliefs	Happiness – Measuring happiness	Faith – our different beliefs
	Happiness – Positive thinking	Faith – Us in the universe	Happiness – Positive thinking	Faith – Us in the universe	Happiness – Positive thinking	Faith – Us in the universe
	Awe and wonder – Feeling inspired	Social media – What is social media?	Awe and wonder – Feeling inspired	Social media – What is social media?	Awe and wonder – Feeling inspired	Social media – What is social media?
	Awe and wonder – I wonder why...	Social media – our social behaviours	Awe and wonder – I wonder why...	Social media – our social behaviours	Awe and wonder – I wonder why...	Social media – our social behaviours
	Awe and wonder – What makes a wonder?	Social media – making connections	Awe and wonder – What makes a wonder?	Social media – making connections	Awe and wonder – What makes a wonder?	Social media – making connections
	Awe and wonder – Be amazed	Social media – healthy communications	Awe and wonder – Be amazed	Social media – healthy communications	Awe and wonder – Be amazed	Social media – healthy communications

	Belonging – Being together	Journeys – Seeking safety	Belonging – Being together	Journeys – Seeking safety	Belonging – Being together	Journeys – Seeking safety
	Belonging – Needing to belong	Journeys – The power of words	Belonging – Needing to belong	Journeys – The power of words	Belonging – Needing to belong	Journeys – The power of words
	Belonging – Gang culture	Journeys – Freedom to move	Belonging – Gang culture	Journeys – Freedom to move	Belonging – Gang culture	Journeys – Freedom to move
	Belonging – Connecting together	Journeys – New beginnings	Belonging – Connecting together	Journeys – New beginnings	Belonging – Connecting together	Journeys – New beginnings
	Kindness – Being kind	Home – The culture of home	Kindness – Being kind	Home – The culture of home	Kindness – Being kind	Home – The culture of home
	Kindness – the feeling of giving	Home – Feeling at home	Kindness – the feeling of giving	Home – Feeling at home	Kindness – the feeling of giving	Home – Feeling at home
	Kindness – A helping hand	Home – Living without a home	Kindness – A helping hand	Home – Living without a home	Kindness – A helping hand	Home – Living without a home
	Kindness – The infectiousness of kindness	Home – Needing to belong	Kindness – The infectiousness of kindness	Home – Needing to belong	Kindness – The infectiousness of kindness	Home – Needing to belong
	Equality and Justice – What is equality?	Love & relationships – What is a relationship?	Equality and Justice – What is equality?	Love & relationships – What is a relationship?	Equality and Justice – What is equality?	Love & relationships – What is a relationship?
	Equality and Justice – It's not fair	Love & relationships – Building relationships	Equality and Justice – It's not fair	Love & relationships – Building relationships	Equality and Justice – It's not fair	Love & relationships – Building relationships
	Equality and Justice – Natural justice	Love & relationships – Conflict and care	Equality and Justice – Natural justice	Love & relationships – Conflict and care	Equality and Justice – Natural justice	Love & relationships – Conflict and care
	Equality and Justice – A fair world	Love & relationships – Being connected	Equality and Justice – A fair world	Love & relationships – Being connected	Equality and Justice – A fair world	Love & relationships – Being connected
	Habitats – Who else lives here?	Food – You are what you eat	Habitats – Who else lives here?	Food – You are what you eat	Habitats – Who else lives here?	Food – You are what you eat

	Habitats – Changing lands	Food – Food culture	Habitats – Changing lands	Food – Food culture	Habitats – Changing lands	Food – Food culture
	Habitats – Sharing space	Food – Eating ethics	Habitats – Sharing space	Food – Eating ethics	Habitats – Sharing space	Food – Eating ethics
	Habitats – Sustainable dwellings	Food - Your food future	Habitats – Sustainable dwellings	Food - Your food future	Habitats – Sustainable dwellings	Food - Your food future
	Waste – What is all this stuff?	Water – The value of water	Waste – What is all this stuff?	Water – The value of water	Waste – What is all this stuff?	Water – The value of water
	Waste – Where is 'away'?	Water – Too much and too little	Waste – Where is 'away'?	Water – Too much and too little	Waste – Where is 'away'?	Water – Too much and too little
	Waste – How long until it's gone?	Water – Dirty waters	Waste – How long until it's gone?	Water – Dirty waters	Waste – How long until it's gone?	Water – Dirty waters
	What – Waste-free living	Water – Watery futures	What – Waste-free living	Water – Watery futures	What – Waste-free living	Water – Watery futures
	Changing climates – Our changing climates	Clothes – Fashion culture	Changing climates – Our changing climates	Clothes – Fashion culture	Changing climates – Our changing climates	Clothes – Fashion culture
	Changing climates – Cause and effect	Clothes – What is fashion?	Changing climates – Cause and effect	Clothes – What is fashion?	Changing climates – Cause and effect	Clothes – What is fashion?
	Changing climates – The ripple effects	Clothes – Unravelling ethics	Changing climates – The ripple effects	Clothes – Unravelling ethics	Changing climates – The ripple effects	Clothes – Unravelling ethics
	Changing climates – Be the change	Clothes – A fashion revolution	Changing climates – Be the change	Clothes – A fashion revolution	Changing climates – Be the change	Clothes – A fashion revolution